

Divorce and Beyond
Tuesday evenings 7:30pm – 9:30pm
January 9th – April 23rd*
facilitated by Eileen Lavoie.
Call 770-487-0175 x 407 to register.

When a marriage ends it is more than a separation of two people. It is a death of an important part of their lives. Divorce and Beyond is designed as a ten-session workbook for men and women who are already divorced or have filed for divorce. Each session or chapter covers the primary emotions experienced as a person works through the divorce process.

- Offers support and guidance they need to you through the divorcing process
- Tools to help with the initial stress, anger and guilt
- Moves us to ultimate forgiveness, happiness and growth

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1. The Process of Divorce
2. Self Image
3. Stress
4. Anger
5. More on Anger
6. Blame and Guilt
7. Loneliness
8. Forgiveness
9. Happiness

*Some dates may flex due to School Holidays and Holy Week.